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6:00am – 6:45am  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	6:00am – 6:45am  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	6:00am – 6:45am  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	6:00am – 6:45am  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	6:00am – 6:45am  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	7:00am – 7:45am  Lean + Fit • personal training • athletic training • martial arts • yoga 6 PACK ABS
7:00am – 8:15am  Lean + Fit • personal training • athletic training • martial arts • yoga Strength Training*	7:00am – 7:45am  Lean + Fit • personal training • athletic training • martial arts • yoga 6 PACK ABS	7:00am – 8:15am  Lean + Fit • personal training • athletic training • martial arts • yoga Strength Training*	7:00am – 7:45am  Lean + Fit • personal training • athletic training • martial arts • yoga 6 PACK ABS		8:00am – 8:45am  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit
		11:00am – 11:30 am  Lean + Fit • personal training • athletic training • martial arts • yoga BODY ANALYSIS			9:00am – 9:45am  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit
11:30am – 12:15pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	11.30am 12:15am  Lean + Fit • personal training • athletic training • martial arts • yoga 6 PACK ABS	11:30am - 12:15pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	11.30am 12:15am  Lean + Fit • personal training • athletic training • martial arts • yoga 6 PACK ABS		10:00 – 11:00 am  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit YOGA (STUDIO 2)
12:15pm – 1:00pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	12:15pm – 1:00pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	12:15pm – 1:00pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	12:15pm – 1:00pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	12:15pm – 1:00pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	10:00am – 10:45am  Lean + Fit • personal training • athletic training • martial arts • yoga LEAN AND FIT FOR LIFE
		3:30pm – 4:00 pm  Lean + Fit • personal training • athletic training • martial arts • yoga BODY ANALYSIS			
4:15pm – 5:00pm  Lean + Fit • personal training • athletic training • martial arts • yoga 6 PACK ABS		4:00pm – 5:00 pm  Lean + Fit • personal training • athletic training • martial arts • yoga LEAN AND FIT FOR LIFE	4:30pm – 5:00 pm  Lean + Fit • personal training • athletic training • martial arts • yoga BODY ANALYSIS	4:00pm – 5:00 pm  Lean + Fit • personal training • athletic training • martial arts • yoga LEAN AND FIT FOR LIFE	
5:00pm – 5:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	5:00pm – 5:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga LEAN AND FIT FOR LIFE	5:00pm – 5:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	5:00pm – 5:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga LEAN AND FIT FOR LIFE	5:00pm – 5:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	
6:00pm – 6:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	6:00pm – 6:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	6:00pm – 6:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	6:00pm – 6:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	6:00pm – 6:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Lean & Fit	
7:00pm – 7:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Strength Training*	7:00pm – 7:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga 6 PACK ABS	7:00pm – 7:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga Strength Training*	7:00pm – 7:45pm  Lean + Fit • personal training • athletic training • martial arts • yoga 6 PACK ABS	*EXTRA FEE FOR STRENGTH, YOGA LEAN 6 PACK ABS PROGRAM	